

South Miami Vein Center

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Stab Phlebectomy

What does the procedure entail?

A stab phlebectomy is a surgical procedure performed in our office that removes clusters of varicose veins. First, the vein is outlined with a skin marker with the patient standing. The leg is then prepped and local anesthesia is injected over the vein. A series of small incisions are made and the vein is removed in short segments using a small hook. The leg is then cleaned and dressed with gauze and compression is applied.

Does my body need this vein?

No. Since this vein is varicose it means it is no longer working properly. Once the vein is removed the blood will flow to other working vessels.

Where do I go for the procedure?

This is done in our office, Suite 505. For the procedure, simply enter through the door labeled “**South Miami Vein Center**”. This door is located before the door you came in for your follow-up visits, on the right.

How long is the procedure?

It is approximately an hour long, unless performed with an endovenous laser ablation, in which case it will be around an hour and a half. You will be notified of exactly which procedure will be performed that day.

How early should I arrive for my appointment?

Please come 15 minutes before your given appointment time. The appointment time you are told is the time you will be in the actual procedure room. The extra 15 minutes allows us to explain the procedure to you and have you fill out a few forms. If you are late for your appointment the surgery will be rescheduled.

Will it hurt?

There is surprisingly little pain during and after the procedure. You will feel the injection of the local anesthesia and a little burn at first. You may feel a tugging sensation or pressure when the vein is being removed. Any pain after the procedure can typically be relieved with Tylenol, Motrin or Advil. Some itchiness may also be present after a couple of days.

What is the length of recovery?

You will return to the office within one to two weeks after your procedure for a follow-up exam by the doctor. The entire healing process may take two to three weeks.

Do I have to wear stocking after the procedure?

Yes. You will need 30-40 thigh high compression stockings. We offer them here at the office for \$88. Please speak to one of the medical assistants for any questions regarding the stockings. You may also be placed in a special compression wrap or a spanx depending on the amount or location of the vein clusters.

What should I do before my appointment?

- Do not use lotion
- Wear anything that is comfortable for you
- You can drive yourself
- You can eat breakfast or lunch prior to the procedure
- You do not need to stop any medication

What are the side effects?

- Bruising may occur but typically resolves within 2 to 3 weeks.
- Itching
- After healing, small freckle like scars may be visible but usually resolve within 6 to 12 months.
- Clotting of adjacent varicose veins may cause a tender lump which will take weeks to resolve.

What to do after the procedure?

- Walk after the procedure
- May resume normal activity
- Will need compression for 2 to 3 weeks after the procedure
- Wait 2 weeks after your procedure before swimming

Witness

Patient Signature

Date signature obtained

State reason patient can't sign

Please contact our office if you have any further questions or concerns.